



GREATER ATLANTA CHAPTER IBM QUARTER CENTURY CLUB

MAY 2011

A MESSAGE FROM YOUR BOARD

By Mike McGuire

Thank you !!! Yes we are off to a great start for 2011. A wonderful turnout for the annual meeting....featuring our own Bill Bozarth, former Director of Common Cause Georgia, whose comments on ethics, the political process and government organization were well received by the 70-plus attendees.

As of this writing, the Meet and Greet with Chef Asata at the end of April was expected to have a good turnout.

Where do we go from here? Well, we are getting some members offering to spend time with your Board to create new approaches to communicate, new events, new ways to attract members. All this is very satisfying to the Board members who have worked to generate more value for your membership... so another thank you !!

Remember the annual picnic at Coopers Furnace on Sept. 11. Watch for how we can work with the IBM Spirit team in celebrating 100 years of IBM's contributions to the world in technology, business leadership, community contributions and employee and family growth. Each one of us is part of that history.

All that said - thank you to all members for taking the time to think about what you can do to add value to the QCC this year and in the future.

Tee Time!

Trophy Club - June 22nd

by Tom Satterlee

Dust off your clubs, get the shorts out and clean the spikes - it's time for the first OCC golf outing of the year. Based on the golf survey we did earlier this year, the Trophy Club of Atlanta was listed as a favorite, so we'll kick off the season playing the course. Also based on the survey, Wednesday was a good day to schedule these outings. I have a 9 a.m. shotgun start booked for Wednesday, June 22nd, so clear your schedule.



The cost for the outing will be \$45 per person. That includes golf, cart, range balls and prizes. There will be a prize for low gross, low net, closest to the pin, longest drive and a blind team prize.

Sign up early, submit your foursome or playing partner request and enjoy the fun. If you have a registered handicap please include it in your response to satterlee@bellsouth.net. Checks can be mailed later but would like to know who would like to play. Hope to hear from you all!

**Want to join the Atlanta IBM QCC?
Contact Bill Clements, 770-919-1072
(wcclem@bellsouth.net)
Check out our web site: www.atlqcc.org**

Medicare Tip For IBM Retirees

Important information for IBMers who retired before January 1, 1997

Are you aware that you could receive up to \$900 per year reimbursement for your Medicare B payments?

Download the "Special Health Assistance Provision (SHAP) Reimbursement Request Form" from this website:

[https://www.acclarisonline.com/common/3.IM-H-470I.102_\(Acclaris_SHAP_Claim_Form\).pdf](https://www.acclarisonline.com/common/3.IM-H-470I.102_(Acclaris_SHAP_Claim_Form).pdf)

Follow the directions on the form. The program is administered by the Acclaris Reimbursement Center for IBM. Contact numbers and detailed information is included on the two-page form.

We Need Your Help: Keep Up With Fellow QCCers

Help us keep our Atlanta QCC members informed. In a large area like Atlanta, it's difficult to stay in touch with other IBMers we've met and/or worked with over the years. If you hear of the death of any QCC member or their spouse, please email Bob Slaney at rjslaney@comcast.net, and we'll do our best to let our QCC members know in a timely manner.

JOIN US!

Come To The Next Board Meeting

May 11, 2011 - 5:30 p.m.

Every member is invited to attend our board meetings. They are held on the second Wednesday of every month at Sidelines Grill on Roswell Road about 1 mile east of the Big Chicken. The meetings start at 5:30 p.m. and are usually adjourned around 7:30 p.m.

Investment Forum Meeting Set For May 26

By Rick Anderson

The next Investment Forum meeting is set for Thursday, May 26 at 6 p.m. at the Vinings Library. Lew Forbes will chair a discussion on long-term care planning.

For a follow on meeting in the August timeframe, I would ask that we have a round table of investment and money saving tips to share. I have a few to share with everyone and trust that others may have some too. I'll have some examples as we near the August meeting. Otherwise, enjoy our spring weather and we'll see you on May 26.



Get In Tune With Your Body Save Your Life!

Bart Bartholomew recently had a heart attack. Following his complete recovery, he decided to alert others to why they should listen to their bodies. What follows is Bart's story of this life threatening incident, in his own words:

I had a recent health event. I died – twice. The purpose of this message is twofold: 1) to convey my experience, and, 2) to recommend what we should all do – listen to our bodies.

It cannot be proven but I have heart disease that I attribute mostly to heredity. And, I am asymptomatic or non-symptomatic. My father, his father, his mother, and all of his siblings died of either heart attack or cerebral hemorrhage (which is also caused by blood flow disruption, or a clot). I do not typically have any symptoms or have such light symptoms that I do not pay attention to them.

Over the years, my doctors have successfully treated my bad triglycerides, total cholesterol, HDL, and LDL to the point of where I was lulled into feeling that we had everything under control. My numbers were all in very good range. What these numbers do not show is plaque buildup.

At 4:00am the morning of January 4th, this year, I was awakened by unusual and persistent fluttering or the fast beating of my heart. I have for years had PVCs (premature ventricular contractions) for which I am taking a prescription medication. I tried laying on my right and then my left sides thinking this

fluttering would subside. It did not. It had in the past but this time it just kept up.

My wife, Jackie (whom I had awakened with my restlessness), asked me if I wanted her to drive me to the hospital. I thought for a few seconds about just going back to bed, but for some reason, as I am pretty hard-headed, and, am one that believes 'it'll never happen to me', responded, "No, please call 911." I have not a clue why I made that decision, but it is very fortunate that I did.

I got dressed as Jackie called 911. The operator told her to have me drink no water, and to chew up and swallow 4 baby aspirins (81mg each). I did and walked downstairs to await the

ambulance. Well, two fire trucks and an ambulance showed up with lights ablaze. After a lot of questions, etc., they loaded me into the ambulance (two of them took me in a wheeled gurney down our driveway ... I had visions of them letting me go and winding up far out in the street as we have a very, very steep driveway). In the ambulance, the paramedic and the driver spent 10-minutes hooking me up to all sorts of stuff and we then took off headed to Kennestone Hospital, in Kennesaw.

I recall being off-loaded at the ER, being



*Doctors and nurses
dubbed me
'Miracle Man'*



Never Think Health Problem Will “Just Go Away”

Continued From Previous Page

wheeled into the ER and down two hallways, and that's all I recall. Jackie was told some parts and then saw for herself other parts but I basically died twice, was revived twice with shocks from a defibrillator, was stabilized as much as could be, was taken to an operating room, and had my third and fourth heart stents installed (I have had two other stents in 2003 and 2008). The ER doctor and cardiologist who performed the operation both said that I was in very critical condition and that it was 'touch and go'.

My cardiologist arrived from home and told Jackie that he was startled by what happened as he had done a heart catheterization just over a year ago and I was looking very good then. He and other heart doctors consulted and agreed that what very likely happened was that plaque buildup elsewhere in my body where arteries are slightly larger broke off and traveled to one of my heart arteries which are smaller. It stuck and caused a blockage, and subsequently a heart attack.

I was in intensive care for two days then a regular room in the cardiac wing for another three days.

My improvement was fortunately rapid. Doctors and nurses dubbed me 'Miracle Man'.

As you might expect, Jackie was EXTREMELY concerned. Our daughter, Kira, lives nearby and came to the hospital immediately, but our son, Jason, who lives in London had to fly back here Wednesday, 01/05 ... arriving at the hospital around 7:30pm. He and his family had just flown back to London 12/30 (here for Christmas) so I felt really badly for him having to come back over so soon. He returned to London on Sunday, 01/10.

At the risk of being somewhat maudlin, all I can say coming out of this experience is all of us should never shrug off a health problem. When I was awakened by a very rapid and irregular heartbeat, and a very perspiration soaked head, but no other symptoms, I damned near thought that it was just more episodes of the PVCs I've had for quite a long time. But, even as hard-headed as I am I just felt that this was more serious so instead of going back to bed, I opted to get carted to the ER. Anyway, had I gone back to bed then I am sure that I would not be writing this note now. So please never, ever ignore a problem or think that it will just go away."

W. R. 'Bart' Bartholomew
Atlanta IBM QCC, past President
bartb30144@yahoo.com

Finding Former Colleagues - It Can Be a Very Simple Process

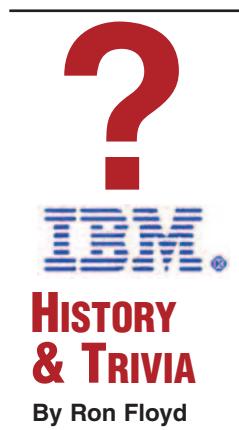
By Ron Floyd

Ever had that moment when you wonder where a former friend and colleague is these days and would like to say hello? There is a tool that may help you do just that. Back in the 1970's, an ex-IBMer began a database for both personal and business contact purposes. While it does not have everyone, it does have many former

IBMers (regardless of how many years with IBM). And, if you choose, you can also update the list with your contact information if not already listed.

The name of this tool is Ex-IBM Corporation and you can access via www.ibm alumni.com. No IDs or PWs required, simple to use!

Following are the answers to the questions in the January newsletter:



1. In 1990, IBM scientists identified a 15 billion-year-old molecular structure representing a new form of carbon. They

speculated that it would have many diverse uses in the future. This structure was named for inventor R. Buckminster Fuller using a funny contraction of his name. What was this widely used name? **Buckyball**

2. Also in 1990, IBM Rochester was the first IBM manufacturing and development facility to win this prestigious national quality award. What is the name of this well known award? **Malcomb Baldrige National Quality Award**

3. From a 1966 "Thoughts" regular feature of IBM's Think magazine is the following from a famous American author and poet: "Without enough wilderness America will change. Democracy, with its myriad personalities and

increasing sophistication, must be fibred and vitalized by regular contact with outdoor growths – animals, trees, sun warmth and free skies – or it will dwindle and fade." Can you name him?

Walt Whitman

4. The following words were used for the first time in a 1949 advertisement: "For every business, large or small, there is an International Business Machines product or service to help meet the needs of business administration."

Those words were then used as the foundation for a new IBM employee award called (three words)? **IBM Means Service**

5. We're all familiar with IBM's infamous "Selectric Typewriter" with the "golf ball" typing element. However, most are not aware that this was not the first use of the golf ball element. Can you name the IBM products that first used this unique typing element? **Stretch Computer and Sabre Airline Reservation System**

And now, can you answer these:

1. Prior to Watson Sr. coming to CTR, he and the other executives of NCR and been under a federal indictment.

That charge quickly went away as an unforeseen result of an act of nature in Dayton, Ohio, where NCR was headquartered. What was this natural occurrence that helped eliminate the indictment and why did it help NCR's image with the government?

2. We all grew our careers in an IBM that professed three "Basic Beliefs" as codified by Watson Jr. in 1963. Can you still state these three beliefs?

3. Speaking of Tom Watson Jr., he received, in 1964, the highest U.S. civilian award possible and it was/is called?

4. "March on with I.B.M. Work hand in Hand. Stout hearted men go forth, In every land..." Those are some of the musical words contained in what internal IBM social publication dating to the 1920's?

5. When Herman Hollerith patented his punched card process in 1884, there were, in addition to the cards, three pieces of machinery required to make a complete productive system. What were the simple/basic names of the three machinery components enabling the process?

Welcome To Our NEW Members!

The following QCCers are new members or members who have renewed after having been away for an extended period.

Robert Carmen	Kenlyn Sawyer
Nancy Fair	Gayle Voelker
Jody Haas	

Come To A QCC Board Meeting

WHEN: Second Wednesday of each month, 5:30 p.m. - 7 p.m.
WHERE: Sidelines on Roswell Road east of the Big Chicken.



Telephone: (770) 934-7540 (H)
(404) 824-9299 (C)

Thomas (Tom) Millin
Director, Braves 400 FanClub

P.O. Box 7689
Atlanta GA 30309

email: tom_millin@comcast.net
or: membershipquery@braves400.org

Fingerprint Authentication Security - Biometrics - The Wave of the Future

www.SecurityForMyStuff.com



Paul & Beverly Burney
USA Distributors

Use Coupon Code 2188
Sales: 866-554-3812
Cell: 404-358-2294 or 404-641-8644
protectmystuff@aol.com

IBM Quarter Century Club Advisory Board 2010

President	Mike McGuire	770-394-5690	mikemcguire2@bellsouth.net
Vice President	Open		
Treasurer	Ron Floyd	770-591-3578	rfloyd1094@comcast.net
Community Programs	Open		
Membership	Bill Clements	770-919-1072	wclem@bellsouth.net
Special Events	Tom Satterlee	678-641-4309	satterlee@bellsouth.net
Web Master & E-mail Blasts	Bob Slaney	770-222-4853	bob.slaney@atlqcc.org
Board Member At Large	John Allnut	770-565-9559	john_allnut@comcast.net
Board Member At Large	Bob Axt	770-998-2365	robertaxt@earthlink.net
Board Member At Large	Dave Zilles	770-395-0290	dzilles@earthlink.net
Board Member At Large	Vic Mazza	404-432-2327	vicmazza@bellsouth.net
Newsletter	Amy Slaney	770-222-4853	amyslaney@comcast.net

www.atlqcc.org

Greater Atlanta Chapter
P.O. Box 1193
Woodstock, GA 30188
QUARTER CENTURY CLUB

